

Emergency phone numbers

Police / emergency number	110
Police station Teltow	03328 - 43 70
Fire department / rescue center	112
Poison Control Center Berlin	030 - 192 40

A List of poisonous plants e.g. at Wikipedia

Dental emergency service	01805 - 98 67 00
--------------------------	------------------

Parents' phone and other adults	0800 - 111 05 50
---------------------------------	------------------

Monday to Friday 9 a.m. - 11 a.m.

Tuesday and Thursday 5 p.m. - 7 p.m.

Child and youth telephone	11 61 11
---------------------------	----------

Monday + Wednesday + Thursday 10 a.m. - 12 p.m.

Monday to Saturday 2 p.m. - 8 p.m.

Saturday: Young people advise young people

Help center for sexual abuse	0800 - 225 55 30
------------------------------	------------------

Monday + Wednesday + Friday 9 a.m. - 2 p.m.

Tuesday + Thursday 3 p.m. - 8 p.m.

Women's emergency number	08000 - 11 60 16
--------------------------	------------------

Women's house 0331 - 96 45 16

Women's emergency apartment Potsdam	0331 - 740 90 78
-------------------------------------	------------------

or notwohnung@frauenzentrum-potsdam.de	0179 - 530 75 98
---	------------------

MANNE e.V.	mannepotsdam.de
------------	-----------------

Father center Väterzentrum Berlin e.V.

Contact via: vaeterzentrum-berlin.de/beratung/strategieberatung

Men's house Berlin	info@maennerberatung.de
--------------------	--

Evangelical telephone counseling	0800 - 111 01 11
----------------------------------	------------------

Catholic telephone counseling	0800 - 111 02 22
-------------------------------	------------------

Muslim telephone counseling	030 - 443 50 98 21
-----------------------------	--------------------

24 hours a day, on Tuesdays also in Turkish
